

Self-Assessment: The Theory of Multiple Intelligences

Where does your true intelligence lie? This quiz will tell you where you stand and what to do about it. Read each statement. If it expresses some characteristic of yours and sounds true for the most part, jot down a "T." If it doesn't, mark an "F." If the statement is sometimes true, sometimes false, leave it blank.

- 1. \_\_\_\_\_ I'd rather draw a map than give someone verbal directions.
- 2. \_\_\_\_\_ I can play (or used to play) a musical instrument.
- 3. \_\_\_\_\_ I can associate music with my moods.
- 4. \_\_\_\_\_ I can add or multiply quickly in my head.
- 5. \_\_\_\_\_ I like to work with calculators and computers.
- 6. \_\_\_\_\_ I pick up new dance steps fast.
- 7. \_\_\_\_\_ It's easy for me to say what I think in an argument or debate.
- 8. \_\_\_\_\_ I enjoy a good lecture, speech or sermon.
- 9. \_\_\_\_\_ I always know north from south no matter where I am.
- 10. \_\_\_\_\_ Life seems empty without music.
- 11. \_\_\_\_\_ I always understand the directions that come with new gadgets or appliances.
- 12. \_\_\_\_\_ I like to work puzzles and play games.
- 13. \_\_\_\_\_ Learning to ride a bike (or skates) was easy.
- 14. \_\_\_\_\_ I am irritated when I hear an argument or statement that sounds illogical.
- 15. \_\_\_\_\_ My sense of balance and coordination is good.
- 16. \_\_\_\_\_ I often see patterns and relationships between numbers faster and easier than others.
- 17. \_\_\_\_\_ I enjoy building models (or sculpting).
- 18. \_\_\_\_\_ I'm good at finding the fine points of word meanings.
- 19. \_\_\_\_\_ I can look at an object one way and see it turned sideways or backwards just as easily.
- 20. \_\_\_\_\_ I often connect a piece of music with some event in my life.
- 21. \_\_\_\_\_ I like to work with numbers and figures.
- 22. \_\_\_\_\_ Just looking at shapes of buildings and structures is pleasurable to me.
- 23. \_\_\_\_\_ I like to hum, whistle and sing in the shower or when I'm alone.
- 24. \_\_\_\_\_ I'm good at athletics.
- 25. \_\_\_\_\_ I'd like to study the structure and logic of languages.
- 26. \_\_\_\_\_ I'm usually aware of the expression on my face.
- 27. \_\_\_\_\_ I'm sensitive to the expressions on other people's faces.
- 28. \_\_\_\_\_ I stay "in touch" with my moods. I have no trouble identifying them.
- 29. \_\_\_\_\_ I am sensitive to the moods of others.
- 30. \_\_\_\_\_ I have a good sense of what others think of me.

